



Rhythmic Excellence Club Policy

7.0 Anti-bullying policy

We aim to provide a safe and friendly environment for all participants. We have a zero tolerance against any kind of bullying and racism which is written in our policy. Below are some examples of bullying:

Emotional – not being friendly, excluding gymnasts, hiding belongings

Physical – kicking, pushing, hitting, throwing apparatus at people, punching or any use of violence

Racist – racial comments, gestures

Sexual – unwanted physical attention or sexually abusive comments

Verbal – name calling, ignoring, teasing, sarcasm, spreading rumors

Cyber – all threats, messages, calls, images or any use of social media that could be construed as bullying

For gymnasts

If someone is making you feel unhappy, please tell your Coach straight away. The Coach/coaches will alert the Welfare Team who is there to help and support where needed.

To parents

If you suspect, or have proof, that your child is being bullied, please contact the Welfare team as soon as possible. We will aim to deal with any concerns or allegations sensitively and firmly.

If we discover your child is being bullied, we will ensure our Welfare Team will contact you to inform you and to resolve the situation.

Rhythmic Excellence have a three step policy:

- 1 Anyone failing to meet behaviour standards will receive a verbal warning and parents will be formed
- 2 If the behaviour continues, a written warning will be issued to the bully and the parents and disciplinary action will be taken, if necessary
- 3 If the written warning does not have the desired effect, the gymnast will be suspended or expelled from the club at the discretion of the Head Coach in conjunction with the welfare officer.

A copy of the [British Gymnastics Anti-Bullying policy](#) is available from the British Gymnastics website.