



# Rhythmic Excellence Club Policy

## 8.0 Viewing Policy – For Parents/guardians

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In order to establish a positive and happy atmosphere in the gymnastics hall and viewing area, and to ensure all participants and visitors have a positive experience, parents are asked to abide by the viewing policy.

- 8.1 Parents should not enter or be in the gym during training sessions without prior agreement from the Head Coach of the squad or Coach Manager.
- 8.2 Some gymnasts feel extra pressure to perform for or in the presence of their parents and do not progress as well under that pressure. For the safety of your gymnast, your child's coach may ask you to move away from the viewing area if your presence is distracting in any way.
- 8.3 We ask that you do not try to coach your child during training sessions or competitions. Coaching from the side-lines distracts the gymnast, complicates, and slows the coaching process and can be dangerous.
- 8.4 Please do not discuss, question, or confront coaches, volunteers or parents about your gymnast or anyone else's gymnasts' training in public or during a training session or competition. If you have something you wish to discuss please arrange an appointment with the appropriate member of staff, i.e. Head Coach, Coach Manager or Welfare Officer.

You can request an appointment by email at [rhythmicexcellence@gmail.com](mailto:rhythmicexcellence@gmail.com)